

Welcome





Northwest (HHS Region 10)

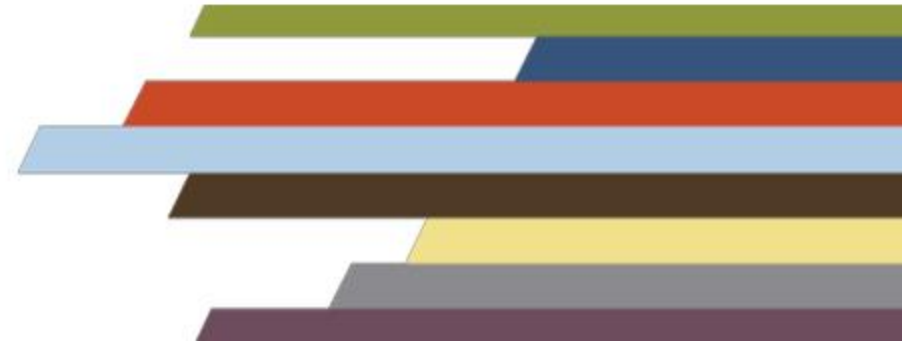
PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Using Liberating Structures to Navigate the “In Between” Time

Anna Jackson and Fisher Qua





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The Northwest PTTC is a partnership led by the Social Development Research Group (SDRG) at University of Washington (UW) School of Social Work in collaboration with the Prevention Science Graduate Program at Washington State University (WSU), and the Center for the Application of Substance Abuse Technologies (CASAT) at the University of Nevada, Reno (UNR).

Northwest partnering institutes share a vision to expand the impact of community-activated prevention by equipping the prevention workforce with the power of prevention science.



Prevention Science
Graduate Program
WASHINGTON STATE UNIVERSITY



Disclaimer

- This webinar is supported by SAMHSA of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$600,000 with 100 percent funded by SAMHSA/HHS Cooperative Agreement # H79SP080995. The views expressed in this webinar do not necessarily represent the views, policies, and positions of the Substance Abuse and Mental Health Services Administration or the U.S. Department of Health and Human Services.

Disclaimer

- This webinar is being recorded and archived, and will be available for viewing 7-10 business days after the webinar. Please contact the webinar facilitator if you have any concerns or questions.

2021 Prevention Workforce Needs Assessment



What are the substance misuse prevention workforce needs in your state, community, organization?

- State and community substance misuse prevention coordinators
- Primary, secondary and post-secondary educators
- School counselors
- Coalition members

Would you please take a few moments to complete this important survey? We will use the results to develop training and technical assistance services and resources in the coming year.

Promoting Engagement and Motivation in the Middle School Classroom: A Four-Part Webinar Series



Promoting Engagement and Motivation in the Middle School Classroom *A Four-Part Webinar Series*

Dates:

Session 1: August 25, 2021
Session 2: September 1, 2021
Session 3: October 6, 2021
Session 4: October 20, 2021

Times:

02:00 PM - 03:30 PM Alaska
03:00 PM - 04:30 PM Pacific
04:00 PM - 05:30 PM Mountain

Continuing Education Hours:

Participants will receive a certificate of attendance for 1.5 hours for each live webinar event.

The Ripple Effects: Enhanced Prevention Learning Series



Enhanced Prevention Learning Series: The Ripple Effects

Dates:

Session 1: September 7, 2021
Session 2: September 14, 2021
Session 3: September 21, 2021
Session 4: September 28, 2021

Times:

12:30 PM - 02:00 PM Alaska
01:30 PM - 03:00 PM Pacific
02:30 PM - 04:00 PM Mountain

Continuing Education Hours:

11 hours upon course completion

2020 Virtual Prevention Leadership Academy



2021 Northwest PTTC Virtual Prevention Leadership Academy

Back by Popular Demand: Liberating Structures

The Virtual Leadership Academy will explore leadership principles using a set of [Liberating Structures](#) customized for prevention and online delivery.

Dates and Times:

Session 1: September 14, 2021	11:00 am - 12:30 pm Pacific
Session 2: September 23, 2021	10:00 am - 02:30 pm Pacific
Session 3: September 24, 2021	10:00 am - 02:30 pm Pacific
Session 4: September 30, 2021	11:00 am - 12:30 pm Pacific
Session 5: October 7, 2021	11:00 am - 12:30 pm Pacific

Technology Orientation

- To find chat, look at the bottom toolbar of the Zoom window, where it says Chat or click on the three dots above where it says More (it may be lit up orange).
- We will use chat quite a bit during the session. We encourage you to do the same!
- Use mute to reduce background noise.
- Make sure you have paper and a writing utensil available.
- View Options
- Modify your name in Zoom
- Please send private chats/ requests to **Clarissa Lam.

Objectives for Today

- Learn a bit more about the Leadership Academy.
- Get a taste for Liberating Structures, participatory methods that will be woven throughout the Leadership Academy and should lend well to community-based prevention work.
- Connect with colleagues while reflecting on your prevention and leadership work.

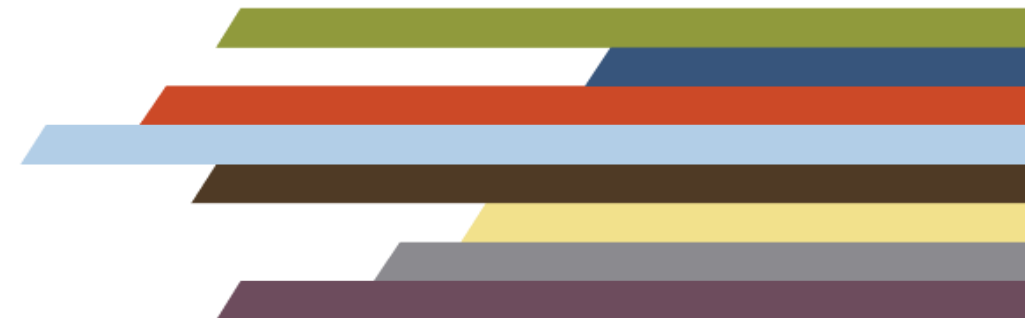
Our Session Agenda

- Reflection, using Spiral Journal
- Connection with others, using Impromptu Networking
- An Introduction to Liberating Structures, participatory methods for working together
- Explore the Liberating Structures Principles using Principles Move around
- Closing



Spiral Journal

Purpose: Give everyone a chance to get themselves organized before, during, or after an interaction.



Instructions

- Divide a piece of paper into four parts. You can fold it, draw four squares, put a big X in it. You'll use the different quadrants for some writing.
- Draw a slow, tight spiral somewhere on the page. Drop your attention to the spiral and the micromovements you make as you draw.
- For each prompt, reflect with respect to the last summer and spring – some of what we think of as “in between time” in this period of COVID.

In the first quadrant...

- *What's been working well for you and your community? How are you adapting and responding to the current moment?*

In the second quadrant...

- *What's been hard, complicated, or more difficult than you might've expected?*

In the third quadrant...

- *What are you trying to keep in mind or in the front of your practice as things continue to evolve and uncertainties multiply?*

In the fourth quadrant...

- *What's/who's been helping you stay grounded, connected, and present?*



Impromptu Networking

Purpose: Rapidly share challenges and expectations while building new connections



Instructions

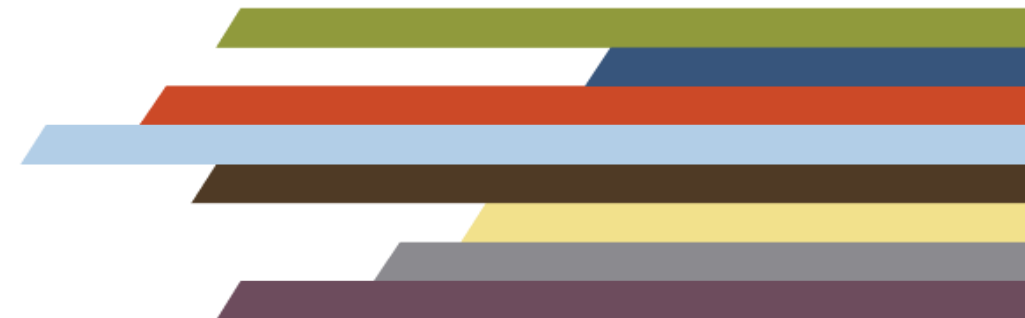
- You'll be put in breakout rooms in pairs or trios. Share your thoughts on the invitation/ prompt and mutually shape the ideas for 3-4 mins.
- 3 rounds of conversation, new partners each round, 3-4 minutes each round.










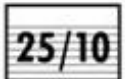

























Prompt

- *As you review your Spiral Journal, are there any reflections you want to share? What seems important? Are there any implications for your own leadership and prevention practice during this time of transitions?*



Liberating Structures



Impromptu networking 	TRIZ 	What ³ debrief 	Conversation café 	Appreciative interviews 	1-2-4 rapid conversation 	5-whys 
Ecocycle planning 	Shift & share 	25 > 10 cloud sourcing 	Min - specs 	Wise crowds 	Wicked Q's 	Purpose to practice 
Agree/certainty matrix 	What I need from you 	User experience fishbowl 	Heard, seen, respected 	Smart network webbing 	Design with storyboards 	Open space technology 
Integrated autonomy 	Generative relationships 	Critical uncertainties 	Graphic recording 	Panarchy 	Troika consulting 	Helping heuristics 
Celebrity interview 	Stories To Patterns 	15% solutions 	LS 	Improv prototyping 	Discovery and action dialogue 	Simple ethnography 

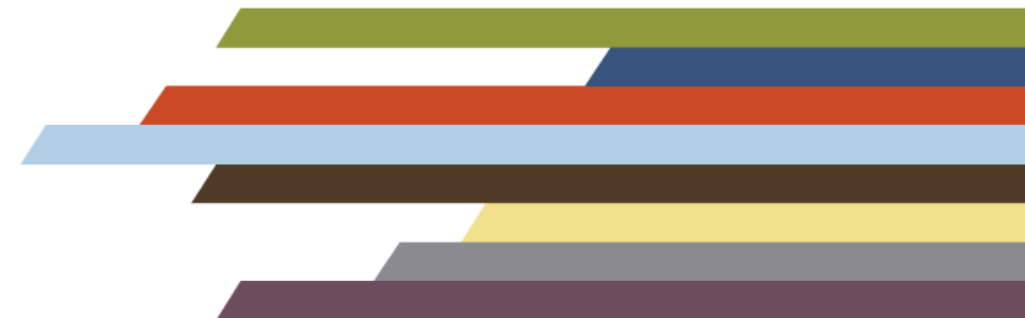
LS Menu

A repertoire/menu/collection of 33+ methods for...

- Working with more of each person's imagination, creativity, contributions, intelligences.
- Drawing on the collective wisdom of groups of varying sizes.
- Collaborating on complex issues that matter (and those that don't!).



Liberating Structures Principles



About the Principles

- *The ten leadership Principles highlight what becomes possible when LS are used to structure everyday interactions. With each principle comes a pared back set of Must Do's and Must NOT Do's*

The Principles

- Include and Unleash Everyone
- Build Trust as You Go
- Practice Deep Respect for People and Local Solutions
- Engage in Seriously Playful Curiosity
- Practice Self Discovery in a Group
- Learn By Failing Forward
- Never Start without a Clear Purpose
- Amplify Freedom AND Responsibility
- Invite Creative Destruction to Enable Innovation
- Emphasize Possibilities: Believe Before You See

Instructions

- Read through the 10 Liberating Structures Principles. Then in groups of 3-5, respond to the following prompts:
 - *Which principle do you find confusing or harder to relate to in your work?*
 - *Is one of these principles particularly present during the period we are navigating now – this in-between period, time of transition?*
 - *Is there a principle that could really help in your work, community, or life if it was emphasized?*
 - *What are other principles, or sets of principles, you rely on or draw from in your prevention work?*

References

- Liberating Structures Website: www.liberatingstructures.com
- Lynda Barry's *Syllabus*: <https://drawnandquarterly.com/syllabus>

Post-Webinar Feedback

Please click on the link in the chat to complete a very brief online feedback form!

Thank you!





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Thank you!

