Lobby

When was the last time you advocated for a policy?

- a. Recently
- b. It's been a while
- c. I have never advocated for a policy



Prevention Technology Transfer Center Network

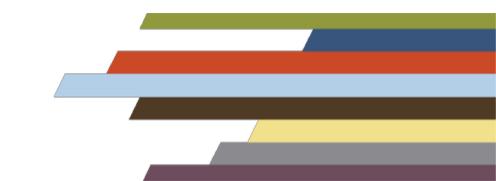
Funded by Substance Abuse and Mental Health Services Administration



Advocating for Advocacy in Prevention

Joe Eberstein, CPS

Program Manager for Center for Community Research San Diego County Marijuana Prevention Initiative SAMSHA Region 9 PTTC Advisory Board Member August 31, 2021



Disclaimer

This webinar is supported by SAMHSA of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$600,000 with 100% funded by SAMHSA/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by SAMHSA/HHS, or the U.S. Government.

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Developed under SAMHSA Cooperative Agreement # H79SP081015-01

Purpose of the TTCs



Develop and strengthen the workforces that provide substance use disorder and mental health disorder prevention, treatment, and recovery support services.



Help people and organizations incorporate effective practices into substance use and mental health disorder prevention, treatment and recovery services.

PTTC Network Approach

The PTTCs...

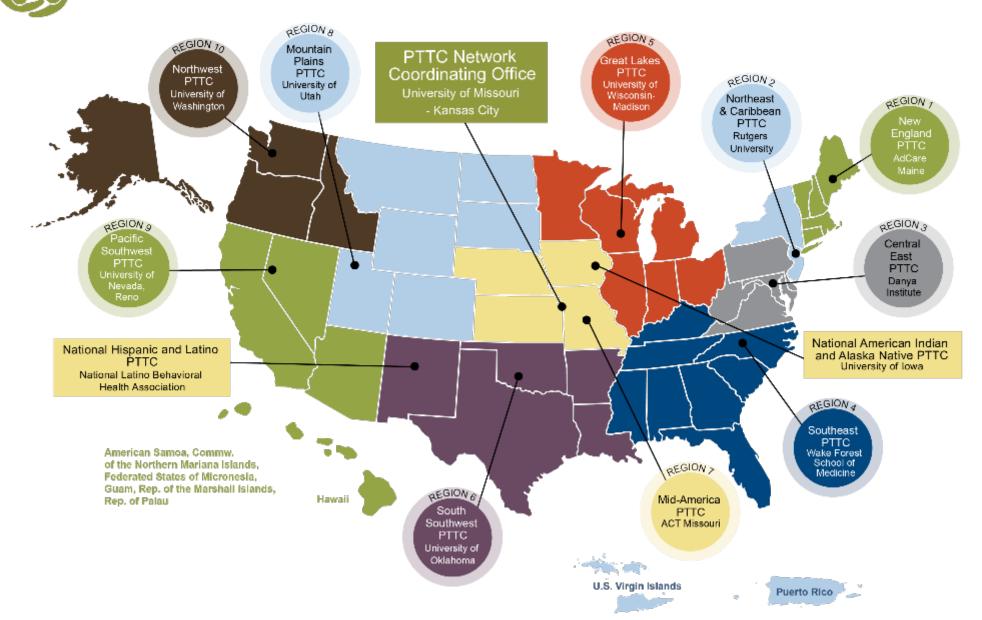
Develop and disseminate tools and strategies needed to improve the quality of substance misuse prevention efforts

Provide training and resources to prevention professionals to improve their understanding of

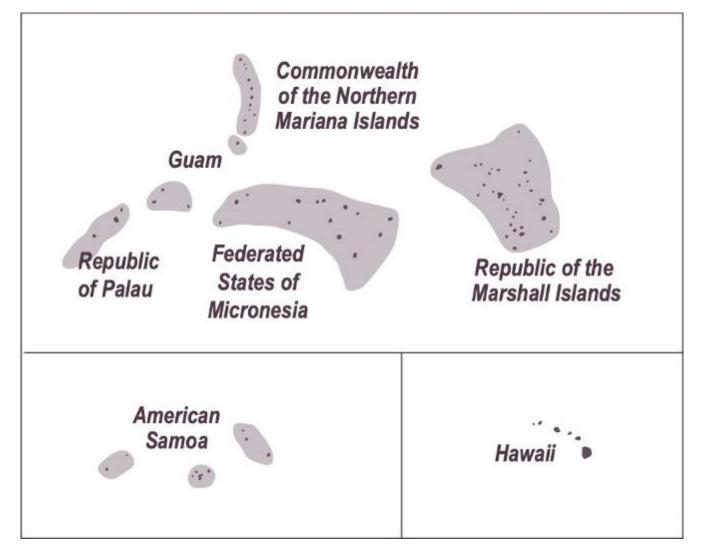
- prevention science,
- how to use epidemiological data to guide prevention planning, and
- selection and implementation of evidence-based and promising prevention practices.

Develop tools and resources to engage the next generation of prevention professionals

PTTC Network



CASAT Center for the Application of Substance Abuse Technologies UNIVERSITY OF NEVADA, RENO





Pacific Southwest PTTC Overall Goal

To advance the ability of the Region 9 substance misuse prevention workforce to identify, select, implement, and evaluate evidence-based and promising substance misuse prevention interventions to achieve a reduction in substance misuse and its harmful consequences.

Mark your Calendars!*

Webinar:

Community Engagement During COVID-19: A Webinar for Substance Misuse Prevention Practitioners

September 22, 2021

Enhanced Prevention Learning Series:
Selecting Evidence-Based Interventions: Finding the Best Fit
Thursdays, September 16 - October 21

Please visit <u>pspttc.org</u> for registration and more information!

*all times 3:00 Pacific, unless otherwise noted. Dates and times subject to change.

Housekeeping

In **7-10 days**, you will receive:

- Webinar recording
- Slides and other support materials
- Certificate of attendance



Presenter



Joe Eberstein, CPS, works for the Center for Community Research Inc., in San Diego, CA, where he is the Program Manager for the San Diego County (MPI) Marijuana Prevention Initiative. He is also a featured speaker and subject matter expert regarding youth marijuana use and vaping. His role includes advocating for and raising awareness about the public health effects of substance misuse, marijuana and vaping and coordinating regional prevention campaigns to reduce youth use. He also serves as an advisory board member of SAMSHA's Region 9 Prevention Technology Transfer Center (PTTC) and is a CA certified prevention specialist.

Marijuana Prevention Initiative



 The San Diego County Marijuana Prevention Initiative (MPI) works to reduce youth access to marijuana by increasing public awareness about the adverse effects resulting from youth marijuana use.



I'm Very Happy to be Here!

- Agenda
- Know your goal
- Advocating vs. Lobbying
- Importance of Data in Advocacy
- Examples of Advocacy
- Post COVID-19 Advocacy

Why this Workshop is Timely

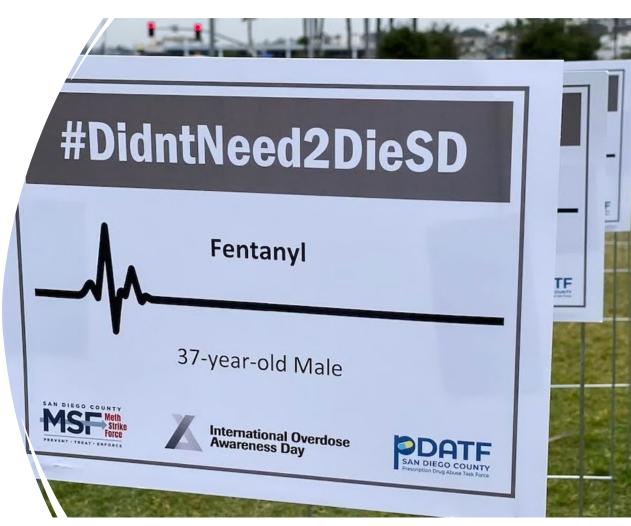
- COVID/lockdown has changed the landscape regarding alcohol and substance use.
- Big industries are using economic fears to push increases in access and availability promising more tax revenue.
- Public health and prevention are taking a back seat in favor of profits.
- Recent policy decisions,

Pot consumption lounges, pot declared an essential business during a respiratory pandemic, increased alcohol delivery and expanded hours of operations.

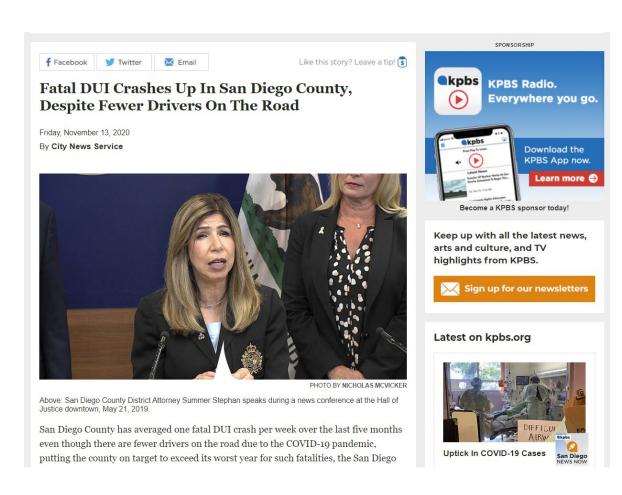
Drug Use During Lockdown!

- 51% increase in all accidental illicit/Rx/alcohol OD deaths.
- 45% increase in deaths due to methamphetamine toxicity.
- 205% increase in Fentanyl over-dose deaths than same period in 2019.

As of today, Fentanyl deaths are already outpacing numbers for 2021.



DUI Crashes



2020 surpassed the county's worst year for fatal DUI crashes — 2017, when 25 people were killed.

My Goal in Prevention: Prevent Kids from Using Until Age 25



According to the Centers for Disease Control and Prevention (CDC), 1 in 10 Americans who use marijuana will become addicted. That number jumps to 1 in 6 if you begin

Advocacy vs. Lobbying



What is Lobbying?

 Communicating with decision makers (elected officials and staff; voters on ballot measures), about existing or potential legislation. and urging a vote for or against.



3 Components of Lobbying



• Decision makers (Directly targeting policy makers)



• Discussing actual legislation (AB?? Or SB??)



Asking for a vote (We want you to vote "YES")

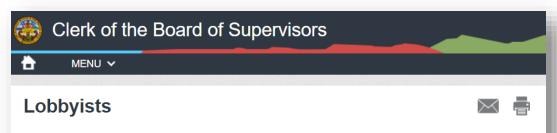
More on Lobbying

•As a 501(c)(3) we do not have the ability to lobby.

 Our contracts have specific language barring us from lobbying.

We risk losing our tax-exempt status.

Lobbyists may need to Register!



Lobbyist (or a Legislative Advocate) is any individual who, on behalf of another individual, firm, corporation, or organization other than himself attempts to influence any County decision by contacting, personally or by telephone any of the specified County officers or employees. Lobbyists must register with the Clerk of the Board of Supervisors Office prior to such contacts, by filing a Lobbyist Registration Form or within five (5) calendar days thereafter.

San Diego County Code of Regulatory Ordinances - Title 2, Division 3 (Lobbying Activities), Chapter 1 (Regulation of Lobbying Activities), Sections 23.101 through 23.109, contains information pertaining to Lobbying Activities and Registration Procedures and Requirements. Exceptions to the registration procedures are also delineated within the County Code, including the disclosure requirements for the Lobbyists.

Disclosures Statements from Lobbyists and firms represented by Lobbyists are required to be submitted for each calendar quarter (January 1 - March 31, April 1 - June 30, July 1 - September 30, (October 1 - December 31). These statements are due the 15th of the month following the quarter ending, to the Clerk of the Board of Supervisors and it will encompass activities during the preceding quarter.

Monthly Lobbyist Reports:

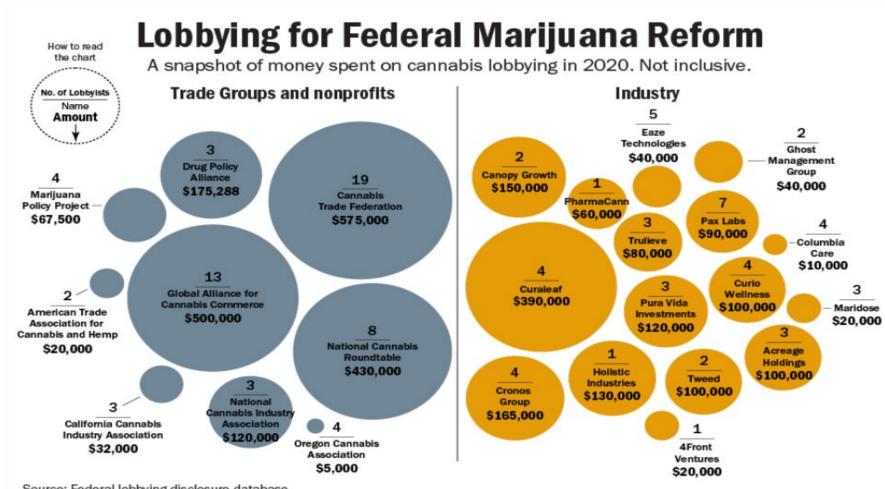
- San Diego County Registered Lobbyists: This report is an alphabetical listing by the name of the lobbyist
 and includes the elective offices/officials that the lobbyists will attempt to influence.
- Registered Lobbyists and Firms Represented: This report is an alphabetical listing by the name of the lobbyist and includes the firm(s) represented and the elective offices/officials that the lobbyists will attempt to influence.
- Registered Lobbyists, sorted by Firms Represented: This report is an alphabetical listing by name of
 the firm represented and includes the name of the lobbyist and the elective offices/officials that the lobbyists
 will attempt to influence.
- Lobbyist Sorted by County Offices: This report is a list of elective offices/officials and the lobbyist that will attempt to influence them.

Lobbyist Forms:

· Registration/Amendment/Termination

Guidelines on select lobbying activities. Depending on jurisdiction, certain lobbying activities may be prohibited.

Lobbying for Federal Marijuana Reform



Source: Federal lobbying disclosure database

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If you are unsure about sharing information with elected officials, consider:

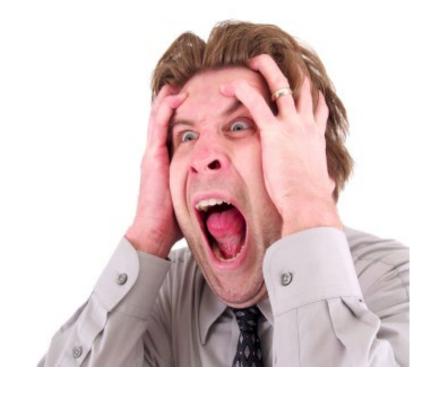
- Contact your contracting officer and notify or invite them to the meeting.
- Please consider these facts when making your decision.
- Bring in coalition members and experts
- Get community voices.
- Get recruited to boards and committees
- Become a SME

Educate and Inform!

EDUCATE INFORM

Advocacy and Marijuana

- The issue has been politicized and is polarizing.
- There does not seem to be middle ground.
- This issue has taught me a lot about advocacy.



Advocacy

Advocacy aims to influence decisions within political, economic, social institutions the environment.

Advocacy includes activities and publications to influence public policy, laws and budgets by using **facts**, their relationships, the **media**, and messaging to **educate** government officials and the public.

Advocacy can include many activities that a person or organization undertakes including media campaigns, public speaking and publishing data and research.

Lobbying is a form of advocacy where a direct approach is made to legislators on a specific issue or specific piece of legislation.

Advocacy Tools

Public speaking

Media- social media

Public Events

Publications

Data sharing

Collaboration

The Importance of Data in Advocacy



Start with Data



San Diego County

Marijuana Prevention Initiative

2020 REPORT



CR Conter for Organity Research Prepared by the Center for Community Research Human Services Agency, Behaviori



MPI continuously monitors drug trends using local, State and Federal sources.

MPI compiles a variety of data, CHKS, MTF, SANDAG, ER Visits, Poison Control, treatment and a locally developed community survey.

Past 30-day use, daily use, treatment admits, harm perception

Prevention Starts with Data

- Public health data should be shared with the public.
- It is our duty to share data with our community including politicians.
- The data should be somewhat current and chosen from a variety of sources.
- We should not be working from anecdote!



Respond in the Chat!

Are there specific data sources that you have found especially helpful in your advocacy efforts?

Stay Consistent in Message

- Practice, practice, practice
- Have pre-determined talking points
- Speak confidently
- Know the topic you are discussing
- Have a few data points memorized



Track the Legislation

 Have a dedicated individual keep track of legislation

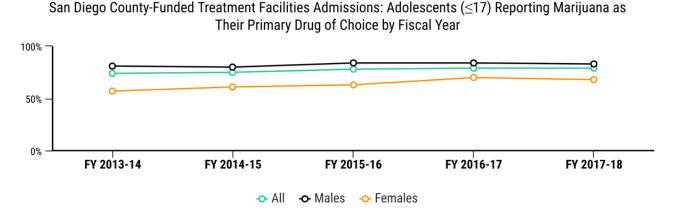
- Know the protocol for submitting a comment or speaking
- Be prepared to wait!



So why am I always talking about marijuana?

 Marijuana is the primary drug of choice for youth ages 12-17 in county funded drug treatment.

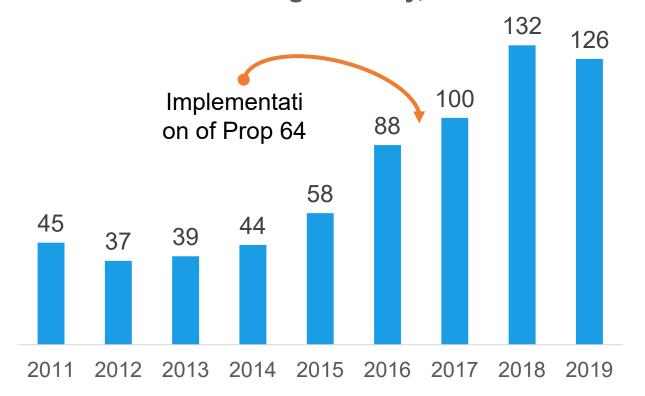




	FY 2013-14	FY 2014-15	FY 2015-16	FY 2016-17	FY 2017-18
All	74%	75%	78%	79%	79%
Males	81%	80%	84%	84%	83%
Females	57%	61%	63%	70%	68%

Marijuana Human Exposure Cases - SD County

Number of Marijuana Human Exposure Cases for San Diego County, 2011-2019

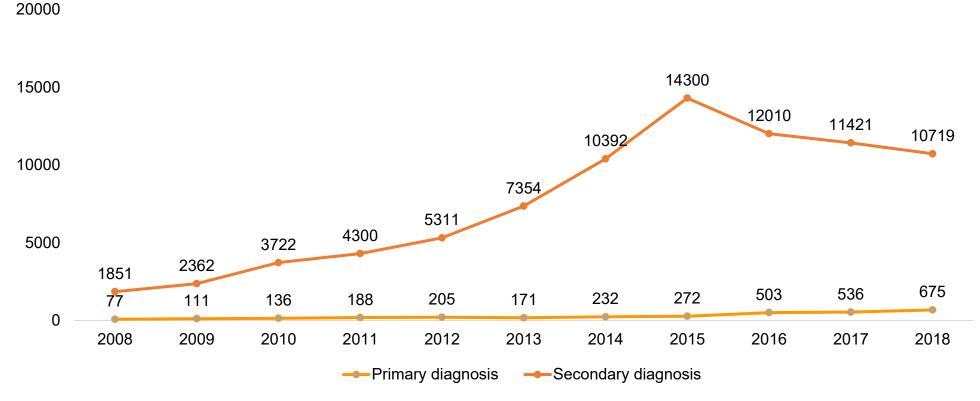


180%

increase in marijuana exposure cases in SD County handled by the California Poison Control Center since 2011

San Diego Emergency Department Visits

Number of Emergency Department Discharges for Marijuana-Related Diagnoses in San Diego County, 2008-2018



Currently there are
29 marijuana
related ER visits a
day in San Diego
County.

Source: California Poison Control Center. Marijuana Human Exposure Calls. 2020.

Examples of Advocacy

Creating, enhancing a new law.

 Creating, enhancing a protocol. Vape disposal, leases, drug interactions inserts, naloxone at schools.

Norms change, holiday checkpoints around drug use.
 Prescription and vape take backs days.

Adding new sets of data or creating survey tools

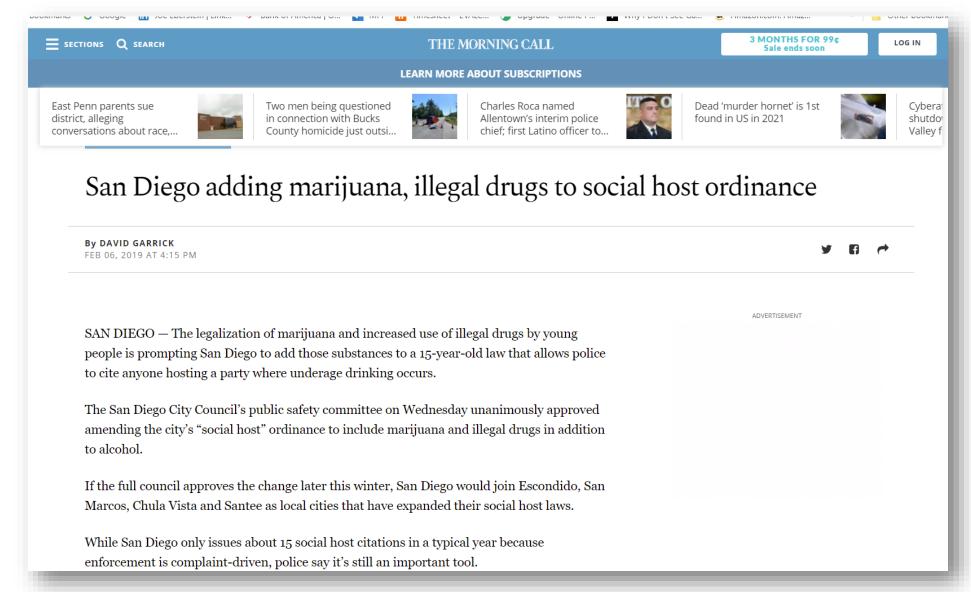
Advocating for new or amending existing

policies

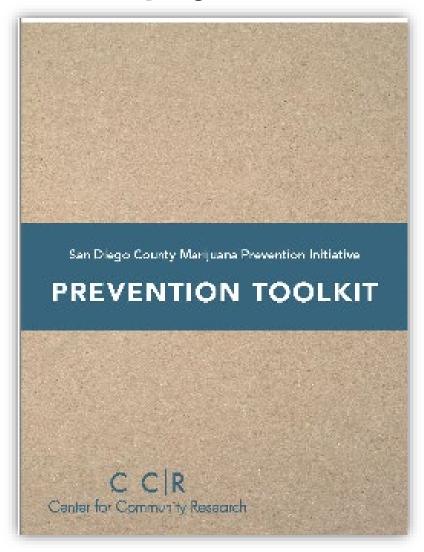
- Crime Free Multi Housing
- Social Host Ordinances
- Alcohol advertising on city property
- Alcohol density
- Vape disposal and take back
- Minor decoy and ID check/ compliance pot delivery services



Adding language to the existing policies



Develop your own tools!



- School letter Post Recreational
- Lease addendum
- Drug free workplace
- Social Host ordinance language
- School policy regarding medical use
- Fact Sheet 2020 MPI Report

https://www.ccrconsulting.org/mpi-resources/mpi-toolkit

Marijuana Specific Lease Addendum

LEASE/RENTAL AGREEMENT ADDENDUM PROHIBITING MARIJUANA

This is an Addendum to the Lease/Rental Agreement between(Landlord) and		
California	(the Premises).	

- 1. Although the personal use, possession and growth of marijuana for medical and recreational purposes are both legal in the State of California, marijuana is still an illegal Schedule 1 drug under the Federal Controlled Substances Act. A Schedule 1 drug is a drug that the federal government deems to have no accepted medical use and a high risk for dependency.
- 2. Second-hand marijuana smoke has been classified by the Surgeon General as a substance known to cause cancer and other health problems. Drifting smoke and/or vapor from marijuana poses a health risk to other residents, employees and vendors working at the property. The risk is

New Lease prohibiting smoking or cultivation on the property.

– Post Proposition 64!

"Smoking is Federally prohibited"

Landlords are advised to seek legal advice from a fair housing knowledgeable attorney.

Changing the Norm with a Focus on Drugs

- Youth sharing information at checkpoints
- Rallies around the holidays. 4/20
- Partner with ride share programs.
- Drugged driving proclamations
- Young driver education and Start smart programs in schools.
- Media

Disposing of Vaping Devices



Wear gloves when handling

Both the batteries and existing liquid are considered waste.

Develop a school protocol for safe disposal at schools

Vape Take Back!



Home / Press Releases / 2019 / 10 / 18 / DEA to accept electronic vaping devices and cartridges as part of National Prescription Drug Take Back Day



Drug Enforcement Administration



October 18, 2019

Contact:

Phone Number:

FOR IMMEDIATE RELEASE

DEA to accept electronic vaping devices and cartridges as part of National Prescription Drug Take Back Day

WASHINGTON – With robust public participation over the course of 17 prior events, the National Prescription Drug Take Back Day Initiative continues to remove ever-higher amounts of opioids and other medicines from the nation's homes, where they are vulnerable to misuse, theft or abuse by family members and visitors, including children and teens.

On Saturday, October 26, in continuation of this effort, DEA and its national, tribal and community partners will hold the 18th National Prescription Drug Take Back Day across the country. The service is free and anonymous.

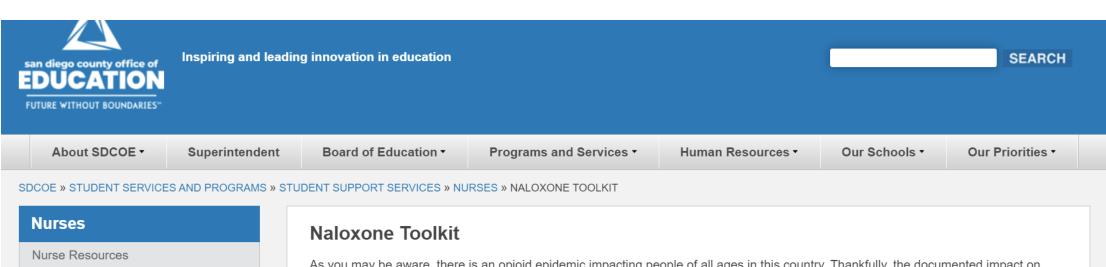
For the first time, DEA will now accept vaping devices and cartridges at any of its drop off locations during National Prescription Drug Take Back Day. It is important to note that DEA cannot accept

Fentanyl can be in any drug



- Fentanyl has been found in cocaine, vape devices, marijuana, pills and meth.
- In many cases the user is unaware that fentanyl is in the drug they commonly use.
- Over-dose reversal drugs should be on hand.
- There is no harm in giving a person the reversal drug if the person is not having an OD

SDCOE Naloxone Toolkit Schools



Upcoming Events and Professional Development

ISHP Templates

Naloxone Toolkit

Information on 2019 Novel Coronavirus (COVID-19)

As you may be aware, there is an opioid epidemic impacting people of all ages in this country. Thankfully, the documented impact on teens in San Diego County remains extremely low. But even one child using drugs and putting their life in jeopardy is one too many. To promote awareness and aid districts in obtaining naloxone, a life-saving drug that reverses an opioid overdose, SDCOE has gathered a variety of resources to provide instruction and guidance in this process.

The California Department of Health Care Services' (DHCS) **Naloxone Distribution Project** (NDP) is funded by Substance Abuse and Mental Health Services Administration (SAMHSA) and administered by DHCS to combat opioid overdose-related deaths throughout California. The NDP aims to address the opioid crisis by reducing opioid overdose deaths through the provision of free naloxone, in its nasal spray formulation. Since October 2018, qualified organizations and entities have been able to request free naloxone from DHCS.

SDCOE recommends all county districts partner with DHCS. Supporting documents and information are below.

- California Department of Health Care Services (DHCS) Naloxone Distribution Project (NDP) Website
- California DHCS Naloxone Distribution (NDP) Flier
- California DHCS Naloxone Distribution (NDP) Overview
- California DHCS Naloxone Distribution (NDP) Frequently Asked Questions

Tanadata Otan dian Dianatatan Ondana

Advocate for Access and Use of Reversal

Drugs

 Narcan nasal spray is used along with emergency medical treatment to reverse the life-threatening effects of a known or suspected opiate (narcotic) overdose.

 For more information https://www.sandiegorxabuseta skforce.org/



Advocating During COVID



Pot should not be an essential business during a respiratory pandemic

• Smoking and vaping is a risk factor for COVID





Virtual Advocacy and Prevention

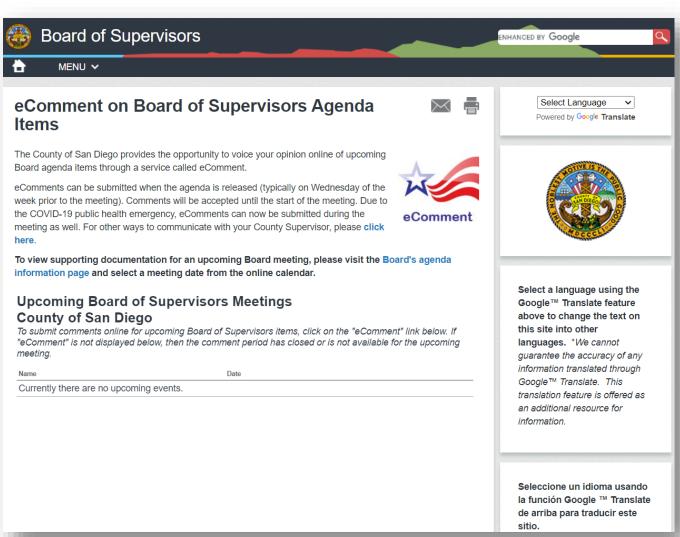
- More people attending trainings & meetings.
- Zoom has translation features
- No travel expense
- Virtual meetings, News conferences
- Polling
- Recordings for resources
- Easy documenting registration, attendees



Call to Action! Keeping the Community Informed

Call-in or e-comment

- Consumption lounges
- Increased access
- Billboards and advertising
- Smoke-free policies
- Driving
- Public health



Marijuana as Medicine

 Several medical societies have made statements about marijuana as medicine.

 Resource card available at <u>www.ccrconsulting.org/mpi</u>



Get to Know the Facts. Does Marijuana Help Alleviate Medical Conditions?

Despite advertising that components of the marijuana plant can help alleviate certain types of medical conditions, marijuana may cause further harm in many instances. This document highlights what the research and experts across different medical disciplines have to say about the effects of marijuana on various health concerns.

Please note: in 2019 the US Surgeon General, Jerome Adams, stated that NO amount of marijuana is safe for adolescents and pregnant woman. If you or someone you know has a medical concern, consult with your health care provider before seeking alternative treatments, as marijuana can negatively interact with medications or your health.

Glaucoma

The largest association of eye physicians and surgeons in the world, the American Academy of Ophthalmology, and the American Glaucoma Society do not endorse marijuana or its derivatives – like CBD – as a glaucoma treatment. There is no accepted, current research that demonstrates CBD or THC to be an effective treatment for glaucoma.



Source: https://www.aao.org/eye-health/tips-prevention/medical-marijuana-glaucoma-treament

Epilepsy

The FDA has approved Epidiolex, a CBD oral solution, for the treatment of seizures related to two forms of epileps: Lennox-Gastaut syndrome and Dravet syndrome in patients age two or older.



Source: https://www.fda.gov/news-events/press-announcements/fda-approves-first-drug comprised-active-ingredient-derived-marijuana-treat-rare-severe-forms

Multiple Sclerosis (MS)

Reviews of published studies have shown that synthetic cannabinoids (manmade chemicals similar to THC and CBD) benefit symptoms of MS-related pain and muscle tightness. The National MS Society recognizes that additional research is needed.



Source: https://www.nationalmssociety.org/Treating-MS/Complementary-Alternative-Medicines/Marijuana/Marijuana-FAQs

Cardiovascular Health

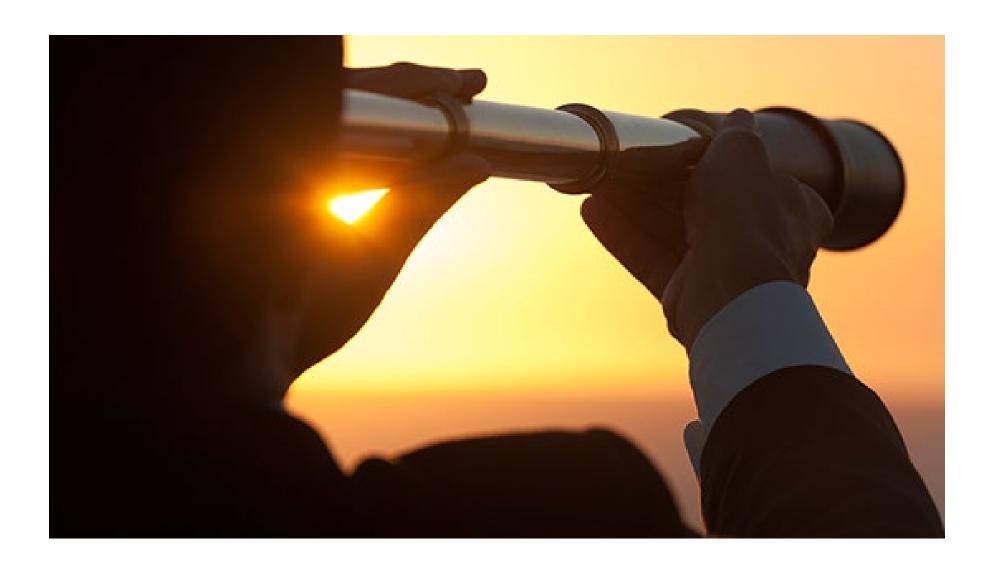
The American Heart Association (AHA) states that the the negative health implications of cannabis should be formally and consistently emphasized in policy. The AHA is committed to its efforts to limit the smoking and vaping of any products and banning cannabis use for youth.



Source: https://www.heart.org/-/media/files/about-us/policy-research/policy-positions/tobacco-and-cleanair/marijuana-policy-supplement-to-our-scientific-statement.pdf?la=en

December 2020

Prevention Tools



My Understanding of Prevention

- We are the first line of defense.
- Raise awareness and educate youth using data and facts and our own stories of struggle.
- Information and tools to live a healthy life.

It is <u>not</u> slogans and scare tactics.

It is <u>not</u> doom and gloom.

It is <u>not</u> one size fits all.

It is <u>not</u> a one hit wonder it needs to be sustained.

The Best Prevention Advocacy Tool is You!

- Speak up! This is about our youth!
- Learn as much as you can about the topic.
- Join the PTA, School Board, City government run for office.
- The data will support the position.

Marijuana Businesses

- Meeting with Industry folks.
- Site visits! Compliance checks, youth operations and delivery.
- Ensure quality control.
- Dialogue between marijuana outlets and prevention.



CA Marijuana Tax Revenue: Using Money for Prevention

 Advocate for tax revenue from marijuana sales be used for prevention and education.

- 21.5 million first round 2019
- 29.7 million second round -2020



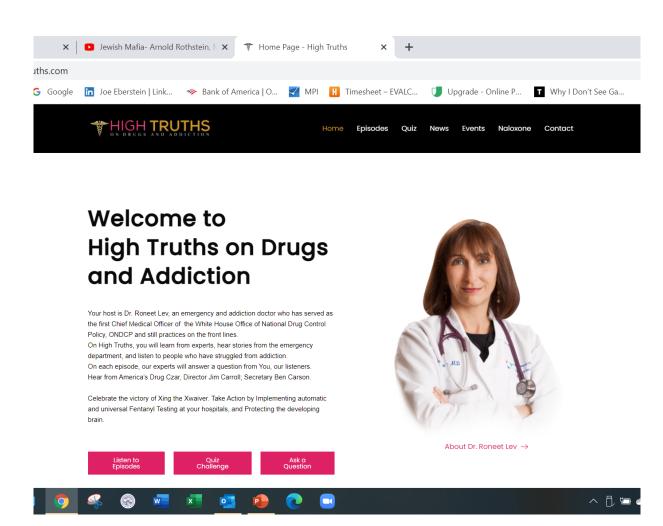
Advocacy Recommendations Regarding Marijuana Access

- De-criminalize but no retail sales.
- Minimum age for all access 21+
- THC caps (10-15%)
- Outlet Density limits
- Advertising policies and youth sensitive locations
- Maintain smoke free policies in apartments and businesses

High Truths Podcast

Dr. Roneet Lev – ER doctor and first Chief Medical Officer of the Office of National Drug Control Policy.

Hosts a variety of speakers regarding marijuana use and other drugs from a medical perspective.

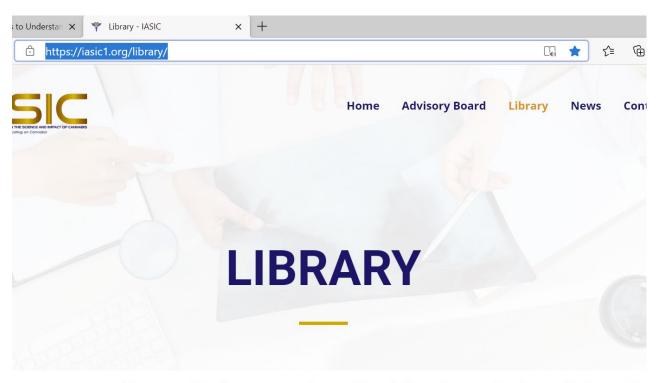


IASIC - Doctors Educating on Marijuana

IASIC - the International Academy on the Science and Impact of Cannabis, are doctors who educate on marijuana.

The science counters the misperception of the safety of marijuana by international experts who provide science, data and clinical expertise.

This non-partisan and non-political group is developed, organized, and guided by doctors.



ry on cannabis medical peer reviewed publications designed for info decision making by the general public.



DEA Operation Prevention Curriculum



Home / Press Releases / 2020 / 10 / 07 / DEA and Discovery Education launch expansion of Operation Prevention



Drug Enforcement Administration

DEA Headquarters

@DEAHQD

October 07, 2020 FOR IMMEDIATE RELEASE

Contact: National Media Affairs Office **Phone Number:** (202) 307-7977

DEA and Discovery Education launch expansion of Operation Prevention

WASHINGTON – The Drug Enforcement Administration and Discovery Education have expanded Operation Prevention, a joint effort to curb drug use among students by educating them about the dangers of abuse. In response to growing demand, new modules launched last night build on the original student curriculum, which is geared toward elementary and middle schools students. These new lessons educate young people about the effects of a wider range of drugs and pharmaceuticals on the human body.

Operation Prevention will host a webinar for educators on October 14 to review the existing curriculum, and showcase the new multi-drug curriculum with a video topic series and activities for grades 3-8, and tips for

Live Well San Diego - Tools for Schools





PARTNERING WITH SCHOOLS TO IMPROVE STUDENT WELLNESS

HOME

TOOLS FOR SCHOOLS RESOURCES

FOCUS AREAS

STRATEGIES

HOME | LIVE WELL SCHOOLS | TOOLS FOR SCHOOLS RESOURCES

TOOLS FOR SCHOOLS

Live Well Schools created a **searchable resource database** at the request of school partners needing an easier way to find free or low cost resources that local schools and partners have found to be the most helpful.

If you would like to add a resource to the database please email Pam Smith.

Simply type a word in the **Search** box below and resources including that word, or focused on that topic, will appear. Click on the resource name for more details.



Good Samaritan Laws Protect you and Friends

- Never let your friends just sleep it off!!!!
- Do not fear calling 911 if you or friend overdose and need help!
- Good Samaritan policies protect the caller and overdose victim from arrest for possession or use.



Share what you learn!

- Leadership taking a stand when it may not be popular.
- It has never been easier to attend a virtual city council meeting and e-comment.
- Join the PTA, School Board
- Start a podcast or make videos about healthy choices.

Recruiting Partners!

 Doctors, nurses, paramedics, pharmacists or any front-line medical staff.

Planning groups, military, civic groups and PTA's

Concerned citizens, business leaders



MPI Resources

MPI reducing underage use of marijuana.

Resources:

- Information and data for download.
- IASIC link
- MPI Prevention TOOLKIT.
- NEW-MPI 2020 Report

Visit our MPI website, YouTube or twitter: http://www.ccrconsulting.org/mpi



Questions or Comments?







Post-Webinar Feedback

Please click on the link in the chat to complete a very brief online feedback form!

Thank you!





Pacific Southwest (HHS Region 9)

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Thank You!

jeberstein@ccrconsulting.org



